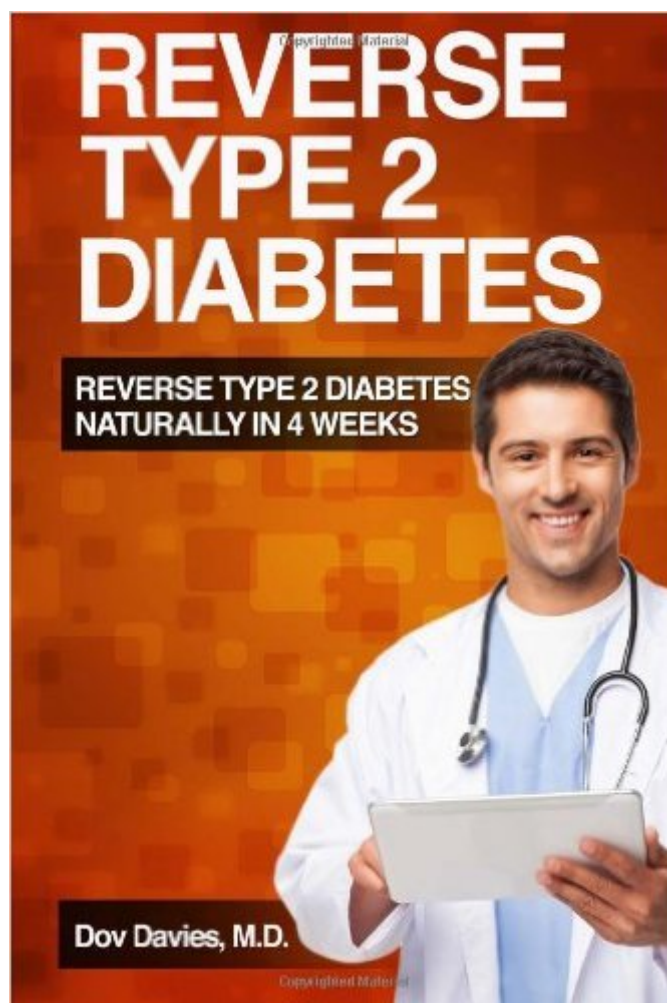


The book was found

Reverse Type 2 Diabetes Naturally In 4 Weeks



Synopsis

Reverse your type 2 diabetes naturally in just four weeks. No pills. No medicines. No doctor visits. Dr. Davies recently experienced his own surprise diagnosis of type 2 diabetes. Fortunately he was introduced to a promising scientific study which reversed type 2 diabetes with 70% of the study participants still free of diabetes 12 weeks after the study was completed. Here you will find a flexible and very simple four week plan that will help you add back years to your lives. Many people also lose weight. Easy to follow. Straight to the point. Only four weeks to type 2 diabetes free for most people.

Book Information

Paperback: 56 pages

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Product Dimensions: 6 x 0.1 x 9 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 3.3 out of 5 starsÂ Â See all reviewsÂ (15 customer reviews)

Best Sellers Rank: #464,470 in Books (See Top 100 in Books) #45 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > Type 2 #404 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > General #2158 inÂ Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases

Customer Reviews

Finally!!! Surprised that something so simple was so effective. My friend's mother has been fighting the type 2 diabetes battle for seven years now. Pills, diets, numerous physical activity programsâ she even tried hypnosis and a psychic. Options were running low, but her determination still had just enough gas left in the tank. Saw this book in a stack of others this past spring one afternoon at her house. She devotedly and methodically tries each program one-by-one, often with no or very little results. She half-heartedly started in on this one a little over a month ago and after seeing the rapid initial improvement stepped it up and followed the instructions to a T. Wowâ her numbers are way better! Blood sugars before (77 mg/dL) and two two hours after meals (108 mg/dL). A1C (4.9). Blood pressure (117/76). Cholesterol (LDL and HDL). Even BMI (down 2.3). Everything has drastically improved and just continues to get better. Her doctor asked her if a body

double snuck in for her tests. All her numbers were down (except HDL where higher means lower risk). Better skin. More energy. Increased vitality and she's even had a couple hot dates! She's just happier all around. It's so beautiful to see her in this way after struggling for so long. I'm recommending this book to everyone I know. I like that it's simple, but the doctors back it up with scientific research. Glad my aunt (I consider her that) is back to how she was 20 years ago. I sincerely hope this book can help others too. Let's beat this monster called type 2 diabetes! Thank you European Institute for Advanced Diabetic Research for very possibly saving a life!

Chock-full of useful information. that I was unaware of. All you type 2 diabetecs, apply all that the doctor recommends and you will be an ex-diabetic in about 6 weeks. How do I know? I did it successfully.

This isn't really a "book". If it was printed out in hard-copy it would be more aptly called a "pamphlet", as it is very short and can be read in maybe 10 minutes or so. That said, the information is a good starting point and I will definitely try the diet out for 30 days to see for myself what results I can get. It might help me cure my condition. Worth a try anyway...

Informative and educational.

Interesting ideas, high possibility it will work. May be difficult with feeding others their so called regular foods. Good references etc and result information

Like it

Small book but full of information. I recommend.

It was ok but not what I expected

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and Enjoy Healthy Living for Life (Reverse Diabetes, Diabetes, Type 2 Diabetes, Diabetes Diet, ... Solution, Type 2 Diabetes Cookbook, Book 1) Diabetes: How To Reverse Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 1 Diabetes, Type 2 Diabetes, Diabetes free, Reversing Diabetes) Diabetes: Diabetes Diet: 3 Steps to Cure Diabetes The Ultimate Guide with the Top Foods to Restoring Blood Sugar (diabetes,type 2 diabetes,diabetes symptoms,type ... diet,glucose,type 2 diabetes symptoms) Blood Type Diet: An Essential Guide For Eating Based On Your Blood Type (blood type, blood type diet, blood type a, blood type o, blood type ab, blood type b, blood type diet success,) Diabetes Diet:: Lower Your Blood Sugar Naturally (Diabetes Diet, Diabetes for Dummies, Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer, Diabetes Solution, Diabetes Cure) Diabetes Diet: The Ultimate Diabetic Diet Plan, How To Lose Weight, Prevent And Cure Type 2 Diabetes (Diabetes, Diabetes Diet, Diabetes Diet Plan,Diabetes ... Diabetes,Type 2 Diabetes Diet Book Book 1) Diabetes: Reverse Diabetes In 4 Weeks With Proven Step By Step Methods And Superior Strategies (+ Bonus Cheatsheet) (Diabetes Diet, Diabetes Type 2, Diabetes Cookbook, Insulin, Diabetes Solution) Diabetes: The Most Effective Diabetic Superfoods To Reverse And Prevent Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 2 Diabetes, Reverse Diabetes) Diabetes: Diabetes Black Book: Reverse Diabetes Forever With 25 Superfoods (Reverse Diabetes, Diabetes Diet, Diabetes Cure, Insulin, Diabetes recipes) Diabetes: Reverse Diabetes With Proven Step By Step Methods And Superior Strategies (Diabetes Diet, Diabetes Cure, Insulin, Type 1 Diabetes, Type 2 Diabetes) Diabetes Diet - Ultimate Step-by-Step Guide to Reversing Diabetes With Your Diet: Diabetes, Diabetes Diet, Diabetes Cure, Reverse Diabetes, Type 2 Diabetes, Vegan, Vegetarian Diabetes: Step by Step Diabetes Diet to Reverse Diabetes, Lower Your Blood Sugar and Live Well (Diabetes, Diabetes Diet, Diabetic Cookbook, Reverse Diabetes) Diabetes: Diabetes Prevention And Symptoms Reversing, Guide To Diabetes Diet, Nutrition Tips, The "Cure" For Diabetes Type 2 (Diabetes Diet Cookbook And ... Dummies, Reverse Diabetes Without Drugs 1) Diabetes: The Most Effective Ways and Step by Step Guide to Reverse Diabetes: (Diabetes, Diabetes Diet, Lower Blood Sugar, Diabetes free, Diabetes Cure, Reversing Diabetes) Diabetes Cure: How to Reverse Type 2 Diabetes Naturally with Healthy Food, Diet, and Exercise (Diabetes Diet - Your Ticket to Beating this Disease Naturally and Effectively) Diabetes: Reverse Your Diabetes NOW! How To Take Control of Your Blood Sugar Easy and Fast!: Reverse Diabetes Forever (Type 2 Diabetes Cure Book 1) Diabetes: Fight It with the Blood Type Diet: The Individualized Plan for Preventing and Treating Diabetes (Type I, Type II) and Pre-Diabetes (Dr. ... Eat Right 4 Your Type Health Library) Reverse Diabetes: The Natural Way - How To Be Diabetes-Free In 21 Days: 7-Step Success System (Symptoms Of Diabetes, Type 2 Diabetes,

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